

We are . . . A Collective Poem

Written by the user led group of persons with lived experiences Community Action .

We are dreams from the stars.

We are a global gathering of greatness!

We are billions of peas, all in the same pod.

We are petals of a dandelion blowing love across the world.

We are sunflowers who turn towards one another when we cannot find the sun.

We are connected through nature and humanity.

We are STRONGER TOGETHER, we are CONNECTION.

We are the pillars of hope on this planet.

We are connections.

We are the transparency that encourages others.

We are rays of Sunlight coming through the storm.

We are the roots that travel below the surface, connecting and nurturing one another.

We are flowers opening, tender, and strong.

We are heart.

We are the windows we need to see through.

We are the people our ancestors prayed for.

We are the sun behind the clouds just waiting to come out.

We are connected like the sky above us, holding us together. We are jellyfish blooming and floating together.

We are ocean waves that keep coming back and back.

We are joy radiating from the sun.

We are the spiderweb and we are everywhere!

We are Deep as the Oceans.

We are the knots in the net of humanity.

We are collective.

We are towering redwoods invulnerable to fire.

We are emotions.

We are better together!

We are a tall mountain.

We are the glue that connects us.

We are one spirit.

We are a quilt that warms the soul.

We are a quiet safe place for each other.

We are the world that we are who we are together.

We are wind that stretches around this planet.

We are the stars that glaze the sky after a heavy rain.

We are the cups that run over with love for each other.

We are delicate flowers and the thorns that can heart in the experience of fear.

We are drops of rain, connecting in the flow of a river.

We are the Sun that lights the World.

We are dream seekers!

We are the Hope for the Future!

We are lightning bolts connecting.

We are breathing.

We are one.

We are light.

We are collective perspectives envisioning an awesome world.

We are deep roots intertwined under the earth.

We are a family.

We are the waves that make up the ocean.

We are storm clouds parting into a rainbow.

We are the living belief that true interconnectedness is stronger than isolation and fear.

We are the deepest hearts. the bluest skies!

We are the links to each other's world.

We are bigger than the sum of our parts.

We are the colours of butterflies.

We are the memory of the ancestors, asking us to always remember.

We are Love.

We are all spices cooking together!

We are the leaves on the trees providing each other oxygen.

We are strength, love, experiences, power, we are human.

We are the sun's brightest sunbeam.

We are connected.

We are each other.

We are light and love unfolding, unending!

We are the hills that stand shoulder to shoulder.

We are a cloak of healing.

We are roots in the ground reaching for each other trying to connect.

We are able.

We are strong as a team.

We are a field of flowers always turning toward the light and heat of the sun.

We are DIVINITY, we are HUMANITY, we are LOVE and we are JOY.

We are loving hearts.

We are the elements of the earth.

We are stories interwoven like threads to cloth.

We are a shining lantern on the shore of an inky sea.

We are a warm sweater offering comfort on a cold day.

We are hearts filled with hope ready to make a difference.

We are it.

We are on.

We are, I am.

We are ready and willing strands of yarn to be knit together.

We are connected like fruit on the vine.

We are the light between the cracks.

We are butterflies.

We are the seeds growing.

We are in need of connection.

We are trees alone but connected and reaching for the sun.

We are sensitive, we are alike, we are connected.

We are standing between two precipices.

We are souls of joy.

We are a warm sea breeze bringing comfort and refreshment.

We are light that shine through the darkest moments.

We are kernels of truth popping open together.

We are threads of love and energy woven into an intricate web of care.

We are the strong humans who get up, stronger, inspired and brave. Full of love and peace...
unstoppable.

We are human beings connecting with one another.

We are branches reaching out to each other.

We are a tree offering fruit and shade and love.

We are a sea of change with hearts as the crest and fall.

We are ONE.

We are brave hearts that open to wrap around the universe.

We are love.

We are a collective of cells and molecules.

We are mushrooms.

We are sun lights bringing warmness to each other.

We are flowers who bloom for each other.

We are all connected.

We are huge warm feeling hearts sending out our pain and joys to each other.

We are dream seekers, breaking into the unknown together.

We are JOY!

We are birds in flight moving through the wind.

We are the sage that flows through communities.

We are the breeze that gently moves.

We are one.

We are winds blowing around in this fragmented world, blowing into, around, under, and over each other.

We are brave hearts that open wide to wrap around the Universe. We are grains of light. We are colours, so beautiful, feel and inspiring.

Gateshead, July 2020.